

CHRISTMAS PARTY MENU 2011

Starters

A mixed plate of cold and hot meze. This includes all of the following;

- Humus** – Chickpeas, tahini, garlic, olive oil and paprika. (V)
- Saksuka** – Aubergine, tomatoes, peppers and onions. (V)
- Manca** – Chopped spinach in yoghurt with olive oil, fresh mint and carrot. (V)
- Borek** – Filo pastry filled with feta cheese, baby spinach and herbs. (V)
- Falafel** – Deep fried bean rissoles with herbs and coated in sesame seeds. (V)
- Sucuk** – Special home-made spicy sausage.
- Cacik** – Yoghurt, salt, olive oil, crushed garlic, chopped cucumber, dill and mint. (V)

Main Courses

Please choose one of the main courses and your choice of basmati rice, chips or roasted vegetables.

- Chicken Shish** – Lean chunks of chicken marinated in a mixture of olive oil, garlic and paprika, threaded onto a skewer and char-grilled.
- Incik (kleftico)** – lamb Shank cooked slowly in the oven in a delicious tomato sauce.
- Oven-baked Salmon** – cooked with olive oil, mixed herbs and garlic, with a mushroom and white wine sauce.
- Mixed Grill** – A grilled selection of marinated pieces of chicken breast, together with kofte (minced lamb) and lamb chops.
- Istanbul Steak** (Friday and Saturday only) – Charcoal grilled fillet steak, with chopped onion, mushroom and pepper cooked in a mustard and brandy sauce.
- Chicken Guvec** – Tender pieces of chicken cooked with mixed vegetables in a tomato and cream sauce, topped with cheese and served in a clay pot with a side dish of rice.
- Vegetable Moussaka** – Oven cooked layers of potato, courgette, aubergine and mushrooms cooked in a tomato sauce and topped with white sauce and cheese. (V)
- Vegetable Guvec** – Seasoned vegetables, aubergines, courgettes, mushrooms, onions, peppers and potatoes cooked in a tomato and cream sauce, topped with cheese and served in a clay pot with a side dish of rice. (V)

Desserts and Filter coffee

Please choose one of the desserts from below;

- Baklava** – Pastry with mixed nuts, syrup and ground pistachio.
- Toffee and Vanilla Cheesecake** – A rich and creamy cheesecake served with ice-cream.
- Sutlac** – Baked rice pudding.
- Kadayif** – Wheat strands with mixed nuts, syrup and ground Pistachio served with ice-cream.

Christmas Pudding

Evening entertainment includes belly dancer and English and Turkish music
Deposit of £10.00 pp and pre-order required

Istanbul Turkish & Mediterranean Restaurant

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40 Marine Parade, Worthing www.istanbulworthing.co.uk

£15.95 pp

(Sunday to Thursday)

£24.95 pp

(Friday and Saturday Evening,
Belly dancing and Dance music)